Logic and Creative Evaluation that Embraces our Young People - Measuring Personal Growth, Aspirations, Dreams and Commitment?

> Wurrumiyanga Women's Centre - Tiwi Islands Training And Employment (TITEB) Evaluation Learnings From Rise Up 2 Lead Program

We wish to acknowledge the traditional owners of this land - the Gadigal people, and pay our respects to their Elders past, present and future.

We thank you for having us here.

Please note that the actual presentation that took place at the AES19 conference was more of an interactive session where copies of the evaluative tools were circulated and information about the program and evaluation were verbally provided, as per the photo here. A PowerPoint was not provided but there was a video where Tanyah Nasir describes the Rise Up 2 Lead program and has the participants of the workshop talk about what they have learnt and how they have changed.

An important point is that these women were very shy and not confident to speak up. However, these workshops changed that and created a sense of pride and confidence.

This PowerPoint has been provided because we think it is important to share our findings about how evaluation can be flexible, adaptable, contextual and can sometimes look and feel quite different to commonly used evaluative techniques.



# Logic and Creative Evaluation that Embraces our Young People - Measuring Personal Growth, Aspirations, Dreams and Commitment?

The Women's Centre in the Tiwi Islands introduced a program for young Tiwi women to 'find themselves' so they may commence their own unique journey of aspirational development and self-belief to build foundation life-skills. Evaluation of this program requires a balance of logic and creativity. Logic to give structure and creativity to measure the almost unmeasurable - progressions in one's thinking and the realisation of possibility and opportunity to achieve.

These young women need support to grow and develop as leaders of change and potentially follow in the footsteps of their senior and strong cultural leaders. The issue is that being a community leader is not necessarily an aspiration for many young people. Changes relating to westernisation are coming at a fast rate and attitudes of young people are not as focused on retention of culture for future generations and the sustainability of one's community. We need to embrace this contemporary moment towards understanding what it is that young people want so they can develop as leaders of change and achieve in their own way.

## **ABOUT TITEB**



The TITEB Board of Directors is made up of eight representatives from the skin and clan groups across both Islands, with long-term vision and passion for the Tiwi.



## TITEB

#### Tiwi Islands Training & Employment Board

#### Mission

Building education and employment capacity for all Tiwi through dedicated program delivery.

#### Vision

A prosperous future for all Tiwi through lifelong learning and skills development.



#### **Purpose**

Changing Tiwi lives for the better, through strong local employment, training, school attendance and school meals programs.



#### **CDP**

- Employment
- Recruitment
- Casework
- Job search
  - Referrals

#### **RSAS**

- · School attendance · Education
- Family wellbeing advocacy

#### **GTO**

- Apprentices
- Employer services
- Trainees
- Mentoring

#### **RTO**

- Training services
- SEE
- Adult Education
- Vocational education
- & training

## Wurrumiyanga Women's Centre

TITEB runs three Women's Centres across the islands providing work for the dole activities including training and development. The Wurrumiyanga Women's' Centre provides activities such as cultural activities like hunting, weaving and bush medicine as well as cooking, sewing, women's health, first aid training and many other activities. Some of the staff are strong, young leaders who are gaining skills and experience through the centre. The participants attending the centre engage in the activities to learn new skills that are transferable to the workforce and other aspects of community life.

#### RISE UP 2 LEAD

The 'Rise Up 2 Lead Program' is a collaboration between TITEB and Tanyah Nasir Consulting. This collaboration utilises the founding concepts from the Rise Up – Be Your Best, Own Your Future program which is the flagship program created by Tanyah Nasir Consulting and is a transformational Aboriginal leadership program. The Rise Up 2 Lead Program is aimed at adding value to existing employment based programs currently run in the Wurrumiyanga Women's Centre for young Tiwi women to build knowledge, skills, values and confidence as well as strengthening relationships, trust and friendship. The program outcomes are geared towards young Tiwi women seeing themselves as leaders and change makers for their family and the community.



**Evita** Puruntatameri -**TITEB** 



Sophia Tipuamantumirri **TITEB** 



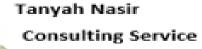
Bronwyn Rossingh **TITEB** 



Moya Perry TITEB



Tanyah Nasir



## Tanyah Nasir Consulting Service

#### Tiwi Women's Rise UP 2 Lead Program 2019

Vision To develop the confidence and leadership skills of young Tiwi women in <u>Wurrumiyanga</u>, <u>Milikapiti</u> and <u>Pirlangimpi</u>.

To build confidence, capacity, ownership of decision making and problem solving for positive community outcomes and for young <u>Tiwi</u> women to see themselves as leaders and change makers for their faily and community.

May 2019 June 2019 July 2019

Phase 1 3 Days

Getting to know You and Your community

Deliver TNCS' Empowerment program Rise UP, Be Your Best, Own Your Future© Phase 2 2 days

#### Our Aspirations &

Our Aspirations & Dreams Workshop

- Becoming a positive & encouraging community member
- Is this important? Is this for me?
- How can I contribute positively to my community?
- Identify community concerns and practical solutions
- Individual project

Phase 3 2 days

#### Leadership in Action

- · What role can I play?
- Am I responsible for building a happy, safe and peaceful community?
- How can I do this?
- Who can Help? What is in my community?
- · Lets take stock?
- What have we learnt?
- Is this important?
- How does it relate to your reality?
- How well am I doing ... managing my emotions?

Phase 4 2 days

#### Leadership Commitment Where to from here?

- Celebration of growth and achievements
- Share their projects/initiatives with community
- How will we continue? Who can help us?
- Where to from here?
- · What is my plan?

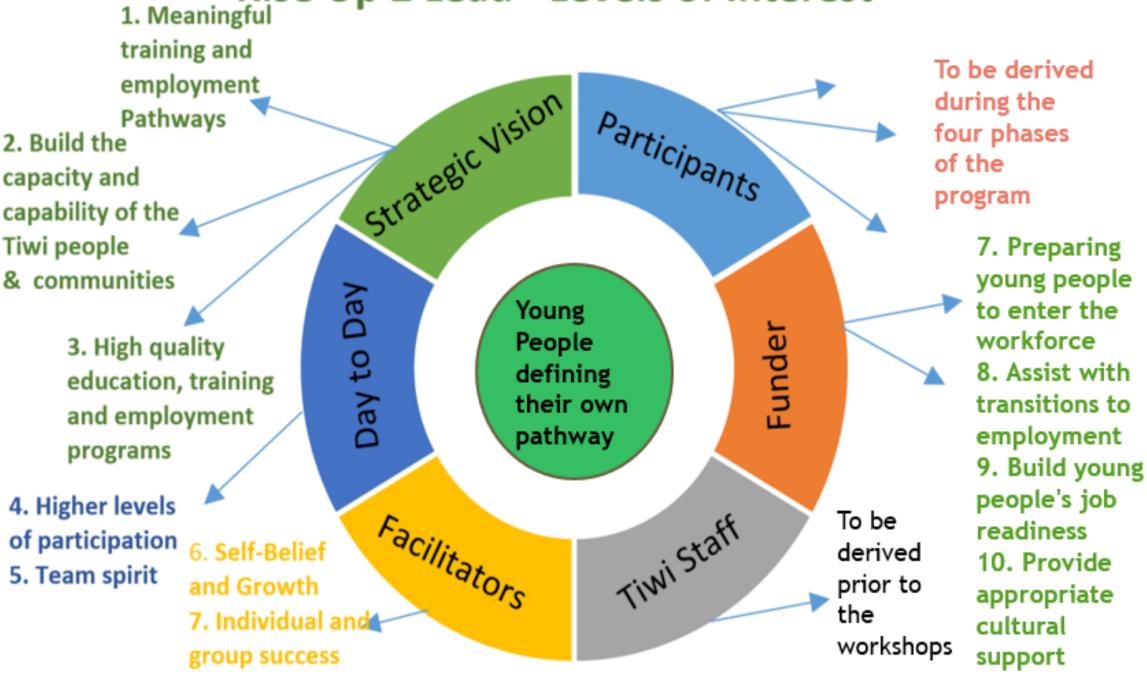
TNCS deliverables include the following:

- In collaboration with TITEB, connect with cultural elders and leaders for advice and guidance
- Informal written self assessments (pre and post)
- Individual evaluations
- Individual personal development plan
- Group presentation to celebrate achievements and learning

## About the Evaluation?

This evaluation uses a mixed-methods approach that has been shaped by the very nature of the flow of the program which is a series of workshops aimed at supporting young people to be the best they can be. The senior cultural women partake in each workshop to guide and advise from a cultural and encouraging perspective that helps the young women to feel supported. A series of selfevaluation assessments, observations, informal feedback, photos/videos and debriefing sessions took place. This feedback/data collection involved the young women, senior women, facilitators and other staff and stakeholders. This data will be collated as part of the evaluation to assess the growth and development outcomes in line with the aims of the program and used for the purposes of improving the flow of the subsequent workshops and training staff at the Women's Centre. This evaluation is designed to commence an approach that embeds evaluation in their everyday work activities to ensure engagement and empowerment of young people is taking place.

## Rise Up 2 Lead - Levels of Interest



#### Indicators of Change

Record changes to the day to day responsiveness within activities and differences in attitudes

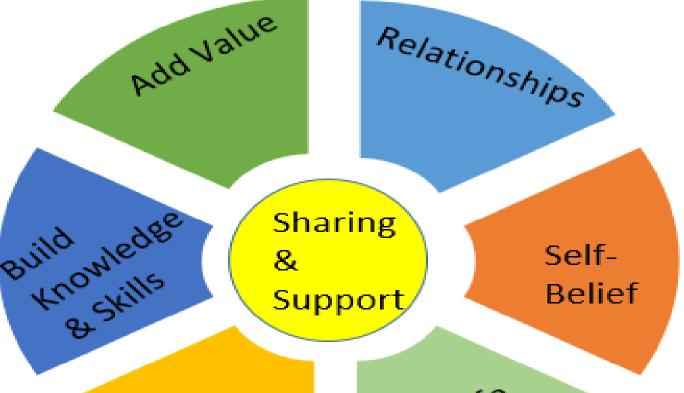
Observe proactiveness and confidence in using resources and mentoring others

Communicate
with family and
staff to determine
participant
interest in
leadership

## Program Aims - Rise Up 2 Lead

Indicators of Change

Record changes in behaviour towards one another and confidence to approach others



Record changes in self-confidence levels and positive outlook

Change Makers Skills

Record changes to their ideas and articulation of what their future could entail

Evidence

### Collecting Evidence- Rise Up 2 Lead

Debrief session recorded or noted Participants sticky notes photos of interaction

Observe new skills being utilised videos of testimonials sticky notes on posters of variable outcomes

video family members or staff talking about participant changes Participant stories



Observe behaviour and writeup photos/videos

Gauge from
participant
behaviour - write
up
photos/videos
sticky notes on
posters

videos/testimoni als opportunities being pursued debrief - writeup or video

## **Evaluating:**

It was important to evaluate the Rise Up 2 Lead program to ensure that it was achieving the aims outlined in the 'Levels of Interest' slide above, i.e. for the women - participants and staff, organisation, funders, facilitators and other stakeholders. The program was funded by the Prime Minister and Cabinet (now the National Indigenous Australians Agency) under the Youth Engagement Strategy.

For the first couple of workshops surveys were used at the end of the workshop but it was found that the program already embedded so many evaluative activities that the surveys were surplus to the need and not particularly useful

## **Examples of Evaluative Tools**



This picture was drawn by Marissa, a participant in the Rise Up 2 Lead series of workshops at Wurrumiyanga. She drew this picture after the first workshop to describe her hope for the future.

Marissa talked about how Rise Up changed her life - she feels confident and strong to provide a future for her son.

This picture represents many things:

- The story about a baby dugong and how it is nurtured by its mother so it can develop and grow learning its culture and feeling safe and supported.
- The baby flaps his tail when he is happy and looking for his Mum.
- He grows and develops within his culture feeling safe and nurtured so he can grow up and lead his own life one day.

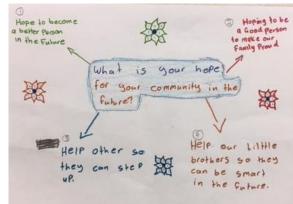
The picture is culturally and metaphorically significant - the long shapes on the outside are like the gentle sea plants at the bottom of the ocean covered in snake skin design that represents culture and the squiggles surrounding the baby dugong are little pieces of seaweed for the baby to eat - food provided by the mother. This picture has many dimensions but due to having it translated into English are not able to be articulated to the extent of the true, deep and rich meaning that inspired the picture.

## Examples of Evaluative Tools/workshop1

What is your hope for Your community in the future? In the next 10 years time I would like our people to run our community. Kids getting educated so they can run our community and be strong for our Tiwi Reople.





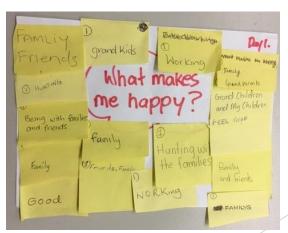


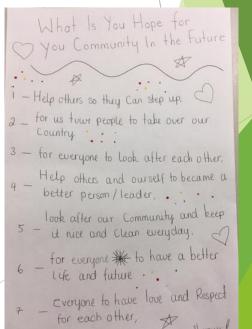




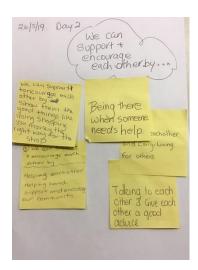


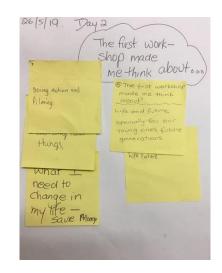


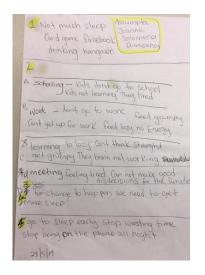


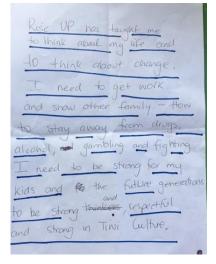


## Examples of Evaluative Tools/workshop 2 & 4

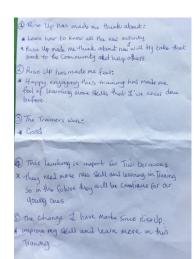


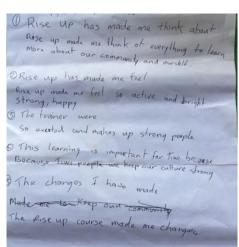


















## What the group found overall

The program really connected with the participants and staff and offered a shared learning for all including the facilitators and observers. There were many participants over the four workshops - in the vicinity of 40, however not all attended each workshop. This is the nature of Aboriginal Communities. This makes it hard for the facilitators and for assessment and tracking, however it gives the program credibility as it accommodates new participants who seem to instantly grow and develop. The engagement level of the women is testimony not only to the facilitators and managing staff members who encourage the participants to attend, but it is testimony to the participants who worked so hard for the two days of the workshops they attended. The core group who consistently attended really benefited from the program in accordance with their development and shared sentiments.

The group in the photo spoke about how they know:- that it is okay to speak up and that they now feel confident to do so, 'no shame job', work together, support one another, be strong leaders for their community and support the young people in their community.

## Senior women supporting the younger women - finding their voices together



It is a team-like program where everybody supports one another and everyone is so proud of each other. This sense of pride really showed even with women who found it hard to talk in public or share their feelings and stories.

From the outside one might think that not much was achieved but this would be an incorrect assessment. This is why evaluation needs to be contextual and in some cases internal and adaptable to really understand what is happening and what changes are taking place. The very nature of the Rise Up 2 Lead was flexible and adaptable but keeping to its prime purpose and aims which were achieved.



